

The MIFDI BULLETIN

Massachusetts Institute
OF



**FIRE DEPARTMENT
INSTRUCTORS**

January
2024

MIFDI
PO BOX 507
MERRIMAC, MA 01860-0510

65th Year

(1959-2024)

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The Massachusetts Institute of Fire Department Instructors is a non-profit organization and was established on September 30, 1959. MIFDI's mission is "to promote fire department training and education by the mutual sharing of knowledge".

THE MIFDI OFFICERS - 2023

President: Captain Mark W. Roche, Newton Fire Department (Retired)
 Vice President: Deputy Chief Christopher Kelley, Concord Fire Department (Retired)
 Secretary: Vacant
 Treasurer: Firefighter / Instructor Michael McLeieer, Merrimac Fire Department (Retired)

THE MIFDI BOARD of DIRECTORS

Terms Expire 2024

Chief Thomas Conway, III, Billerica Fire Department (Retired)
 Assistant Chief Robert MacKendrick, Lynnfield Fire Department (Retired)
 Chief Richard Gomes, Norton Fire Department (Retired)

Terms Expire 2023

Firefighter / Instructor Michael McLeieer, Merrimac Fire Department (Retired) (Past President)
 Chief James M. Vuona, Shrewsbury Fire Department

EDITOR

Firefighter / Instructor Scott D. Maker, Merrimac Fire Department (Retired)

VISIT US ON THE WEB!

www.mifdi.org

E-MAIL- mifditreasurer@escapeinc.org

**Massachusetts Institute of Fire Department Instructors - Tax ID: 04-2307216
 2024 Membership Application & Invoice
 Jan. 1 to Dec. 31, 2024**

**Your MIFDI Dues
 are due Jan. 1st**



**or Join MIFDI for
 the first time.**

Membership Information

Name _____
Address _____
City & State _____
Zip Code _____
Phone (Home) _____
E-mail Address _____
Fax (Home) _____

Work Information

Department _____
Rank _____
Phone (work) _____
Fax (work) _____
Address (work) _____
City & State (work) _____
Zip Code _____

<u>Membership Type:</u>	<u>Send Bulletin To:</u>	<u>Membership Dues:</u>
<u>circle one</u>	<u>circle one</u>	<u>Active</u> \$ 35.00
<u>Active</u>	<u>Retired</u>	<u>Retired</u> \$ 15.00
<u>Retired</u>	<u>Associate</u>	<u>Associate</u> \$100.00
<u>Associate</u>	<u>Home</u>	
<u>Home</u>	<u>Work</u>	
<u>Work</u>	<u>E-mail</u>	

There is also a \$10 late fee if dues are paid after April 1st
 Please mail completed Application with check or money order payable to:

MIFDI
 Attn: Michael McLeieer, Treasurer
 PO Box 507
 Merrimac, MA 01860-0510
 Phone: (978) 346-4731

*Also email application to Michael McLeieer at
 E-mail: mifditreasurer@escapeinc.org*



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NC #336267
REALTOR

MEETING NOTICE

Our January meeting will be held on **Wednesday, January 24, 2024** hosted once again by the National Fire Protection Association located at One Batterymarch Park, Quincy courtesy of NFPA President Jim Pauley. MIFDI was last hosted at NFPA in January 2023.

MIFDI will be welcomed by Barbara Dunn who helped to arrange this meeting for MIFDI. We will meet in the 4th floor boardroom which boasts a spectacular view. Our training program will be a 1-hour overview of Lithium-Ion battery safety provided by NFPA Technical Services Engineer Brian O'Connor.

SCHEDULE:

0930: Coffee (Provided), **1000:** Program, **1130:** Business meeting, **1200:** Lunch (off site)

DIRECTIONS:

From Rt. 128 (I-93), take Exit 6 which is Rt. 37. At the end of the exit head EAST toward Quincy. Travel 3 traffic lights (aprox 1-mile). At the third light, turn right on Batterymarch Park. The NFPA is in Building 1.

NOTE: Be sure to have some type of photo identification with you for security purposes.



TREASURER'S REPORT

Beginning Balances for 01/02/2024
 Preferred C.U. Checking \$ 170.96
 Preferred C.U. Savings \$1,209.77
 CapitalOneSav. Balance \$2,373.44
 Total: \$3,754.17

Bills December, 2023:

Jan. MIFDI Bulletin - Michael \$120.00 - 12/31
 FTD Xmas Flowers for Kerry @ DFS \$ 82.86 - 12/03
 TOTAL: \$202.86

50/50 Raffle = \$0.00

Winner = N/A

Net Proceeds from 50/50 Raffle = 0.00

Account Transfers:

None

Total active members = 103

Dues paid thru 2031 = 1
 Dues paid thru 2030 = 2
 Dues paid thru 2027 = 1
 Dues paid thru 2025 = 1
 Dues paid thru 2024 = 11
 Dues paid thru 2023 = 60
 Dues paid thru 2022 = 20
 Dues paid thru 2021 = 1
 Dues paid thru 2020 = 6

Mailings

E-Mail - 76 Home - 18
 Work - 9
 Total: 103

Balances as of 01/11/2024

Preferred C.U. Checking: \$ 170.96
 Less uncleared checks: \$ (0.00)
 PCU Cking. Balance: \$ 170.96
 PCU Savings Balance: \$ 1,209.77
 Capital One Sav. Balance: \$ 2,373.44
 Total \$ 3,754.17

Membership Totals: 103

58 Active - 41 Retired - 4 Associate

There are no new members who recently joined MIFDI.

- None

Treasurer Notes:

(a) Please remember to look at your mailing label for the PAID THROUGH date. Thank you to all of you who have paid your dues. **Your 2024 will be due in January, 2024.**
Please add \$10.00 for late renewals paid after April 1, 2023 for your 2024 dues.

(b) You may now use the 2024 membership application as your invoice. It has MIFDI's tax ID number listed, for your accounts payable department to process the dues payment. Simply use the dues year or payment date as your invoice number.

The MIFDI website is now hosted on a new server. This transition was completed in August and you should no longer have access issues. Our new hosting site has more capacity for our members to simultaneously access www.mifdi.org. If you are having connection issues, please contact Michael.

Respectfully submitted

01/11/2024

by Michael McLeier, Treasurer - 978-346-4731

Email: mifditreasurer@escapeinc.org

Thank you for your continued support and for the prompt payment of your dues!

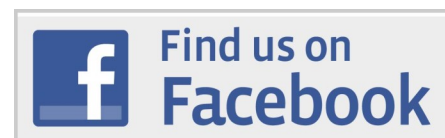
MIFDI will also accept credit card payments. Contact Michael McLeier for details.

Active Member dues is \$35 / Retired Member dues is \$15 / Associate Member dues is \$100

** If you are a Comcast internet subscriber, you may NOT be receiving the MIFDI monthly emails. Please contact me if you are not receiving your digital Bulletin and email notifications. Thanks. Michael

Please remember to still add a \$10 late fee for renewal dues paid after April 1st, 2024. This fee does not apply to new members or for those who renew before April 1, 2024.

MIFDI is now on Facebook. Login to your Facebook account and search for **Massachusetts Institute of Fire Department Instructors** or visit www.facebook.com/mifdi. Become a Facebook friend to MIFDI and receive up to date announcements right to your tablet, phone or computer. You may also select the MIFDI Facebook link on the MIFDI website home page at www.mifdi.org



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RENEWAL of DUES or NEW MEMBERSHIPS may be addressed to:
MIFDI - Attn: Michael McLeieer, Treasurer
PO Box 507, Merrimac, MA 01860-0510
Phone: (978) 346-4731

PLEASE NOTE NEW Email: mifditreasurer@escapeinc.org

***Dues are \$35.00 per year for Active members *(\$45 after April 1st)
\$15.00 for Retired members *(\$25 after April 1st)
*100.00 per year for Associate members**

(which includes a 1/4 page of advertising in the MIFDI Bulletin and on the MIFDI website).

*** Membership dues are for one calendar year (January 1 through December 31).
Dues are due by January 1st. Add a \$10.00 Late Fee after April 1, 2024.**

RECALL OF MEETING #2023-12

The December meeting of MIFDI was held on Wednesday December 20, 2023. This was our Annual Holiday Luncheon held at the Cafe Escadrille in Burlington. It was another great time for members to get together socially before the holidays. It was good to see some faces from the past join us at this annual gathering as well.





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PARATECH

EMS RUN

Masking up ... Again

Due to a recent spike in Covid 19, RSV and the flu virus, many hospitals and health care facilities are reverting back to requiring face masks for all patient care givers during direct interactions with patients.

Patients and visitors will be strongly encouraged, but not required in some facilities, to wear a mask when interacting with staff. For those already wearing a mask, some hospitals will want you to wear a mask provided from their facility over your own mask to ensure that the mask is clean and effective.

Those of us in the field of EMS should continue to wear a N95 mask when responding to any EMS call if your patient is presenting with a cough or flu-like symptoms. These patients should also be given a N95 mask to wear while interacting during patient care as well as during transport.

A REMINDER TO ALWAYS ASK YOUR PATIENT THESE THREE IMPORTANT QUESTIONS;

Do you have a fever or flu-like symptoms?

Do you have a Covid-19 infection and are you in an isolation period?

Have you been exposed to a know Covid exposure within the past 10 days?

As with all vital patient information, this information must be shared with the receiving medical facility to insure proper isolation.

It is good practice to always keep a mask in your pocket and extra clean masks in your first-in bag

LAST ALARM

Thankfully, nothing to report!



CONGRATULATIONS

The Massachusetts Institute of Fire Department Instructors offers congratulations and best wishes to MIFDI member **Deputy Chief Michael Donoghue** of the Chelmsford Fire Department upon his retirement on December 29, 2023 after over 30-years of service to the Town of Chelmsford. Happy & healthy retirement to you Mike!



UPCOMING EVENTS 2024

January 24, 2024: **MIFDI** – NFPA HQ

January 28, 2024: **BFIT Challenge 2024**
Fleet Center, Boston

February 27-28, 2024: **FCAM 2024 Professional Conference**
DCU Center, Worcester www.fcaml.org

February 28, 2024: **MIFDI** – Burlington

March 27, 2024: **MIFDI** – DFS/MFA Stow Campus

A promotional poster for the 2024 BFIT Challenge. At the top, it says "2024 BFIT CHALLENGE POWERED BY NATIONAL GRID" in white text on a black background. Below this is a photograph of four people (three women and one man) wearing dark blue athletic shirts with "BFIT" logos and race bibs. To the left of the photo is a logo for the "BFIT CHALLENGE" which includes the text "FIRST RESPONDER MILITARY SUPPORT CLIMB" and "POWERED BY nationalgrid". At the bottom of the poster, it lists the event details: "In-Person | Sunday, January 28, 2024" and "Virtual | January 19 - 26, 2024".

REPORT of the PRESIDENT:

Captain Mark W. Roche (Ret), Newton Fire Department

Our December meeting was another great gathering for members to meet before the holidays for our Annual Holiday Luncheon. This was our 7th holiday luncheon and it continues to be a joyful get together to end each year.

It is that time again when we ask members to promptly pay their dues for 2024 to cover the operating expenses for the organization. Dues remain at: **ACTIVE \$35, RETIRED \$15, ASSOCIATE \$100.** Dues paid after April will be an extra \$10 so send your checks early. We thank those members who have already paid their dues in advance. For those members unable to attend many of the meetings, the monthly MIFDI Bulletin is worth the cost of the dues alone just to stay informed on training information, fire service updates and events. Dues can be paid at the meetings or mailed to: **MIFDI, PO Box 507, Merrimac MA 01860-0510.**

Stay safe and I hope to see you at NFPA on January 24.

A REMINDER TO CHECK THE MIFDI WEBSITE FOR MEETING CANCELLATIONS DURING THE WINTER MONTHS www.mifdi.org or on the MIFDI facebook page



"To Promote Fire Department Training & Education by the Mutual Sharing of Knowledge"

INSTRUCTORS CORNER

Cancer Awareness & Prevention



- Use SCBA from initial attack until overhaul is completed and atmosphere is monitored. *(Not wearing SCBA in both active and post-fire environments is the most dangerous voluntary activity in the fire service today).*
- Do gross field decon of PPE to remove as much soot and particles as possible.
- Use wet-nap or baby wipes to remove as much soot as possible from head, neck, jaw, throat, underarms, and hands immediately.
- Change your clothes and wash them immediately after a fire.
- Shower thoroughly after a fire.
- Clean your PPE, gloves, hood, and helmet immediately after a fire.
- Do not take contaminated clothes or PPE home or store in your vehicle.
- Decon the interior of fire apparatus after fires.
- Keep bunker gear out of living areas and sleeping quarters.
- Stop the use of all tobacco products.

The importance of annual medical examinations cannot be overstated. Early detection and early treatment are essential to increasing survival.

FIREFIGHTERS ARE EXPOSED THROUGH THE FOLLOWING;
Ingestion, Inhalation, Absorption (Groin-300%, Jaw-93%, Head 43%)

For every 5-degree increase in skin temperature,
body absorption increases 400%