

The MIFDI BULLETIN

Massachusetts Institute
OF



**FIRE DEPARTMENT
INSTRUCTORS**

November
2021

MIFDI
PO BOX 507
MERRIMAC, MA 01860-0510

63rd Year

(1959-2022)

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The Massachusetts Institute of Fire Department Instructors is a non-profit organization and was established on September 30, 1959. MIFDI's mission is "to promote fire department training and education by the mutual sharing of knowledge".

THE MIFDI OFFICERS - 2019

President: Captain Mark W. Roche, Newton Fire Department (Retired)
 Vice President: Deputy Chief Christopher Kelley, Concord Fire Department (Retired)
 Secretary: Captain Edward (Ted) D. Quinn, Jr., Peabody Fire Department
 Treasurer: Firefighter / Instructor Michael McLeieer, Merrimac Fire Department (Retired)

THE MIFDI BOARD of DIRECTORS

Terms Expire 2020

Chief Thomas Conway, III, Billerica Fire Department (Retired)
 Assistant Chief Robert MacKendrick, Lynnfield Fire Department (Retired)
 Chief Richard Gomes, Norton Fire Department (Retired)

Terms Expire 2019

Firefighter / Instructor Michael McLeieer, Merrimac Fire Department (Retired) (Past President)
 Chief James M. Vuona, Shrewsbury Fire Department

EDITOR

Firefighter / Instructor Scott D. Maker, Merrimac Fire Department (Retired)

VISIT US ON THE WEB!
www.mifdi.org
E-MAIL- mifditreasurer@escapeinc.org

**Massachusetts Institute of Fire Department Instructors - Tax ID: 04-2307216
 2022 Membership Application & Invoice
 Jan. 1 to Dec. 31, 2022**

**Your MIFDI Dues
 are due Jan. 1st**



**or Join MIFDI for
 the first time.**

Membership Information

Name _____
Address _____
City & State _____
Zip Code _____
Phone (Home) _____
E-mail Address _____
Fax (Home) _____

Work Information

Department _____
Rank _____
Phone (work) _____
Fax (work) _____
Address (work) _____
City & State (work) _____
Zip Code _____

<u>Membership Type:</u>	<u>Send Bulletin To:</u>	<u>Membership Dues:</u>
<u>circle one</u>	<u>circle one</u>	<u>Active</u> \$ 35.00
<u>Active</u>	<u>Home</u>	<u>Retired</u> \$ 15.00
<u>Retired</u>	<u>Work</u>	<u>Associate</u> \$100.00
<u>Associate</u>	<u>E-mail</u>	

There is also a \$10 late fee if dues are paid after April 1st
Please mail completed Application with check or money order payable to:

MIFDI
Attn: Michael McLeieer, Treasurer
PO Box 507
Merrimac, MA 01860-0510
Phone: (978) 346-4731
E-mail: mifditreasurer@escapeinc.org



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MEETING NOTICE

The November meeting of MIFDI will be held on **Wednesday, November 17, 2021 (NOTE: This is the THIRD Wednesday due to Thanksgiving week).** We will be again hosted by the Wayland Fire Department courtesy of Chief Neil McPherson and will meet in the first floor training room of the Wayland Public Safety Building, 30 Cochituate Rd. (Rt. 27). MIFDI last met in Wayland for our February 2020 meeting.

Our training program will be provided by Bob Mitchell from Mitchell Associates. Bob has a power-point presentation on “Proper PPE Laundry & Decon Design” for your facility. For those planning a new firehouse or upgrading an older facility, Bob points out some important tips on what is needed and why it is vital to reduce exposure to the living space of your firehouse.

Following Bob’s presentation, we have a representative from RedLine Gear Cleaning with a brief outline on the services they provide including PPE Cleaning/Decon, repairs, testing, etc. RedLine will also have their Mobile Extraction Unit (MEU) on display for us.

DIRECTIONS:

From I-95/Rt.128 take Exit 41, Rt.20 (Former Exit 26). Follow Rt.20 WEST aprox 5-miles to Rt.27. Turn right on Rt. 27 and the Wayland Public Safety Building is on your right. There is parking on the Millbrook Rd. side of the complex. Try to leave the front parking spots available for department business and for any of our members with mobility issues.

Members may be asked to wear a mask when in the public lobby.

SCHEDULE:

0930: Coffee, 1000: Presentation, 1130: Training meeting, 1200: Lunch (off site).

TREASURER'S REPORT

Beginning Balances for 01/02/2021
 Preferred C.U. Checking \$123.03
 Preferred C.U. Savings \$386.21
 CapitalOneSav. Balance \$2,314.28
 Total: \$2,823.52

Bills Paid October 2021:

Oct. MIFDI Bulletin - Michael \$120.00 - 10/31
 Michael FDIC Lodging Aug 7, 2021 \$110.40 - 10/31
 Michael Thumb Drives FDIC 2021 \$139.96 - 10/31
 TOTAL: \$370.36

50/50 Raffle = \$61.00

Winner = Steve Perrson \$30.00

Net Proceeds from 50/50 Raffle = \$31.00

Account Transfers::

None

Total active members = 84

Dues paid thru 2030 = 1
 Dues paid thru 2027 = 1
 Dues paid thru 2024 = 2
 Dues paid thru 2023 = 1
 Dues paid thru 2022 = 12
 Dues paid thru 2021 = 45
 Dues paid thru 2020 = 22

Mailings

E-Mail - 55 Home - 19
Work - 10
 Total: 84

Balances as of 11/09/2021

Preferred C.U. Checking: \$ 305.02
 Less uncleared checks: \$ (0.00)
 PCU Cking. Balance: \$ 305.02
 PCU Savings Balance: \$ 1,091.96
 Capital One Sav. Balance: \$ 2,318.33
 Total \$ 3,715.31

Membership Totals: 84

46 Active - 34 Retired - 4 Associate

There were no new members who joined MIFDI.

Treasurer Notes:

(a) Please remember to look at your mailing label for the PAID THROUGH date. Thank you to all of you who have paid your dues. **Your 2022 will be due in January, 2022.**
Please add \$10.00 for late renewals paid after April 1, 2021 for your 2021 dues
NOTE: (this fee has been waived due to COVID-19 for 2020 & 2021).

(b) You may now use the 2022 membership application as your invoice. It has MIFDI's tax ID number listed, for your accounts payable department to process the dues payment. Simply use the dues year or payment date as your invoice number.

Respectfully submitted

11/09/2021

by Michael McLeieer, Treasurer

978-346-4731

Email: mifditreasurer@escapeinc.org

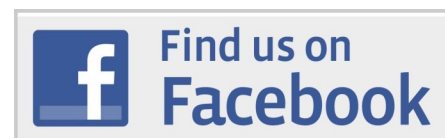
Thank you for your continued support and for the prompt payment of your dues!

MIFDI will also accept credit card payments. Contact Michael McLeieer for details.

Active Member dues is \$35 / Retired Member dues is \$15 / Associate Member dues is \$100

Please remember to still add a \$10 late fee for renewal dues paid after April 1st, 2021. This fee does not apply to new members or for those who renewed before April 1, 2021 (the fee has been waived due to COVID-19).

MIFDI is now on Facebook. Login to your Facebook account and search for **Massachusetts Institute of Fire Department Instructors** or visit **www.facebook.com/mifdi**. Become a Facebook friend to MIFDI and receive up to date announcements right to your PDA, Blackberry or computer. You may also select the MIFDI Facebook link on the MIFDI website home page at www.mifdi.org



Like MIFDI on Twitter @MIFDIFIRE or @MIFDI



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RENEWAL of DUES or NEW MEMBERSHIPS may be addressed to:
MIFDI - Attn: Michael McLeieer, Treasurer
PO Box 507, Merrimac, MA 01860-0510
Phone: (978) 346-4731

PLEASE NOTE NEW Email: mifditreasurer@escapeinc.org

***Dues are \$35.00 per year for Active members *(\$45 after April 1st)
\$15.00 for Retired members *(\$25 after April 1st)
*100.00 per year for Associate members**

(which includes a 1/4 page of advertising in the MIFDI Bulletin and on the MIFDI website).

*** Membership dues are for one calendar year (January 1 through December 31).
Dues are due by January 1st. Add a \$10.00 Late Fee after April 1, 2021.**

RECALL

The October meeting of MIFDI was held on Wednesday, October 27, 2021 hosted by the Massachusetts Department of Fire Services / Massachusetts Firefighting Academy – Stow Campus courtesy of State Fire Marshal Peter Ostroskey.

The training program was provided by MIFDI Treasurer Michael McLeieer with a recap and review of the 2021 FDIC Conference & Expo. Members in attendance were also provided with a thumb-drive which included some of the great presentations offered this year.

Following Michael's presentation, MIFDI member Ira Hoffman showed and narrated an important video created to educate the public on the value of smoke alarms, residential sprinkler systems and establishing an escape plan for families during residential fires.



Following the training program, President Roche conducted a brief business meeting.

Member Andy Connerty provided an update from the Mass Fire Training Council meeting including updates on the MFA Bridgewater campus. This was followed with some discussion on the waiting list for recruit firefighter training and the option of splitting groups between the three campuses when necessary. Member Steve Persson won the 50/50 raffle. Members adjourned for lunch at the Bolton Street Tavern.

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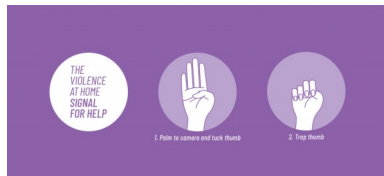
EMS Run

Signal for Help

The recent disappearance of Gabby Petito gained national news and has drawn attention to the dangers of domestic violence. According to the coroner, Gabby died from strangulation. Her homicide was suspected to be from her intimate partner during a cross-country trip. She is not the first to die from domestic violence and unfortunately won't be the last.

Since the pandemic, there has been a significant increase in violence with intimate partners and families due to the stress created during Covid. We as First Responders must be alert for signs of possible domestic violence between couples and be aware of the "red flags". The most obvious signs are; black eyes, bruises on the arms, busted lips, red or purple marks on the neck, and sprained wrists. You may see subtle cover ups like a neckerchief, long sleeves, sunglasses, or excessive makeup. Emotional signs include; agitation, anxiety, apprehension, low self-esteem, acting fearful, and depression. Some may even attempt suicide rather than live in a violent relationship with an abusive partner.

There is now a universal signal created to help combat the increase in domestic violence. This hand signal is performed by **HOLDING ONE HAND UP WITH THE THUMB TUCKED INTO THE PALM, THEN FOLDING THE REMAINING FINGERS DOWNWARD.**



If you see someone using this sign, you must act to help save a person from violence

LAST ALARM

The Massachusetts Institute of Fire Department Instructors offers our condolences to the family and friends of the following active members of the fire service who died in October;

Boston Firefighter Kenneth L. Mays died unexpectedly on October 19, 2021 at age 56.

Wakefield Lt. Robert A. Ford died on October 24, 2021 at age 48 from occupational cancer.



F.F. Kenneth Mays



Lt. Robert Ford

May They Rest In Peace

CONGRATULATIONS

The National Association of State Fire Marshals recently honored Massachusetts State Fire Marshal Peter Ostroskey with the N.A.S.F.M. 2021 Presidents Award. The award is in recognition of Marshal Ostroskey's leadership as the Commonwealth eliminated fire deaths of children during the past year. Congratulations Marshal Ostroskey.



Congratulations to Dr. Lori Moore-Merrell, recently sworn in as the new U.S. Fire Administrator. Dr. Moore-Merrell formerly served as President and CEO of the International Public Safety Data Institute since 2019. Prior to that, she served for 26-years as Senior Executive with the International Association of Firefighters.

MIFDI Congratulates Dr. Moore-Merrill on her appointment to this important position.



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Call Scott Maker,
Firefighter/Merrimac Fire Department, with any questions you may
have.

269-492-3341

UPCOMING EVENTS:

November 17, 2021: **MIFDI** – Wayland

November 23, 2021 - 10:00 a.m. - 32nd Annual Firefighter of the
Year Awards - Mechanics Hall in Worcester.

December 15, 2021: **MIFDI** – Holiday Social Luncheon



HAPPY THANKSGIVING

REPORT of the PRESIDENT:

Captain Mark W. Roche, Newton Fire Department (Retired)

Our October meeting was our annual recap of the 2021 FDIC provided by MIFDI Treasurer Michael McLeieer. I thank Michael once again for sharing some of the informative presentations offered this year. I also thank MIFDI member Ira Hoffman, former owner/operator of FSP. Ira shared an important public safety video that he created to educate the public with tips on "Surviving a Fire". Special thanks also to State Fire Marshal Peter Ostroskey and the staff of DFS and MFA for again hosting MIFDI during our annual visit

I again request members to spread the word about MIFDI to any newly promoted officers within your department, especially those assigned as Training & Safety Officers. Feel free to invite a guest to any meeting to allow them to learn first-hand about what this training organization has to offer.

A reminder for MIFDI members to submit your annual dues payment for 2022 (*Refer to the mailing label on your bulletin or the roster handout to check your membership status*). Many have already submitted their dues including our Associate members which is helpful for us to support the bulletin and payment for our website server each year. Dues remain at \$35 for Active, \$15 for Retired and \$100 for Associate. Dues can be paid at the meetings or mailed to: **MIFDI, PO Box 507, Merrimac, MA 01860**.

Stay safe and I hope to see you in Wayland on the 17th



"To Promote Fire Department Training & Education by the Mutual Sharing of Knowledge"

INSTRUCTORS CORNER:

Replace Aging CO Alarms

As we enter the winter heating season, it is important to re-issue this C O reminder.

Carbon Monoxide (CO) alarms have been required in nearly every residence since March 2006. The life expectancy of carbon monoxide alarms is 5-7 years depending on the alarm manufacturer. Most CO alarms installed after the state's CO Law was passed have reached the end of their useful life and need to be replaced. No home appliance lasts forever.

The life of a CO alarm begins when it is first powered up. Most CO alarms have a date of manufacture stamped on them which can be used as a guide if the activation date was not recorded. One sign that a carbon monoxide alarm should be replaced is a chirping sound that does not stop until the unit is powered off. Another sign that a CO alarm should be replaced is that it makes a low battery signal even after new batteries are installed. Models with a digital readout will show an "ERR" or "EO9" or "END" message.

It is important to remind residents that their CO alarms may be reaching the end of their lifecycles and should be replaced BEFORE the beeps indicating end of life. This also provides continuous protection against possible CO poisoning and reduces the number of false alarms to local fire departments. Since Nichole's Law took effect in 2006 requiring CO alarms in every Massachusetts residence, many people have been saved from CO poisoning. CO alarms notified them that something was wrong at the earliest possible stages of CO detection.

(PRESIDENTS NOTE: When responding to an EMS call for a party not feeling well, dizziness, headache, weakness, confusion, vomiting, etc; have a member bring in the Multi-Gas Meter to ensure that they are not suffering from exposure to carbon monoxide)

