

The MIFDI BULLETIN

Massachusetts Institute
OF



**FIRE DEPARTMENT
INSTRUCTORS**

MIFDI
PO BOX 507
MERRIMAC, MA 01860-0510

April
2008

CONTENTS:

<i>Page</i>	<i>Subject</i>
1	Index
2	Next Meeting, Directions to Meeting, Drill Schedule
3	Treasurer's Report, New Members
4	Recall of Previous Meeting, Secretary's Report
5	Special Feature Article
6	Upcoming Events
7	From The Desk Of The President
8	Instructors Corner
9	Congratulations
10	Last Alarm, Line of Duty Deaths / Advertisement
11	Dues Information & Advertisers Page
12	Advertisers Page
13	Advertisers Page
14	Membership Application or Renewal Form

The Massachusetts Institute of Fire Department Instructors is a non-profit organization and was established on September 30, 1959.

MIFDI's mission is "to promote fire department training and education by the mutual sharing of knowledge".

THE MIFDI OFFICERS - 2008

President: Captain Mark W. Roche, Newton Fire Department
 1st Vice President: Captain Brian F. Belliveau, Fitchburg Fire Department
 2nd Vice President: Vacant
 Secretary: Vacant
 Treasurer: Firefighter / Instructor Michael McLeieer, Merrimac Fire Department

THE MIFDI BOARD of DIRECTORS

Terms Expire 2008

Deputy Chief John Sullivan, Billerica Fire Department (Retired)
 Assistant Chief Robert MacKendrick, Lynnfield Fire Department (Retired)
 Chief Richard Gomes, Norton Fire Department
 Firefighter / Instructor Michael McLeieer, Merrimac Fire Department (Past President)

Terms Expire 2009

Lieutenant George Churchill, Brockton Fire Department (retired)
 Chief Frank W. Fitzgerald, Jr., Malden Fire Department (retired)
 Captain James M. Vuona, Shrewsbury Fire Department

EDITOR

Firefighter / Instructor Scott D. Maker, Merrimac Fire Department

VISIT US ON THE WEB!

www.mifdi.org

E-MAIL- info@mifdi.org

**Massachusetts Institute of Fire Department Instructors
 Membership Application
 Jan. 1 to Dec. 31, 2008**

**Your MIFDI Dues
 are due Jan. 1st**



**or Join MIFDI for
 the first time.**

Membership Information

Name _____

Address _____

City & State _____

Zip Code _____

Phone (Home) _____

E-mail Address _____

Fax (Home) _____

Work Information

Department _____

Rank _____

Phone (work) _____

Fax (work) _____

Address (work) _____

City & State (work) _____

Zip Code _____

Membership Type:

circle one

Send Bulletin To:

circle one

Membership Dues:

Active \$ 25.00

Retired \$ 12.50

Associate \$100.00

Active **Retired** **Associate** **Home** **Work** **E-mail**

Please mail completed Application with check or money order payable to:

MIFDI
 Attn: **Michael McLeieer, Treasurer**
 PO Box 507
 Merrimac, MA 01860-0510
 Phone: (978) 864-2015 or (978) 346-4731, ext. 1
 E-mail: michael.mcLeieer@merrimacfire.com

FSP Books & Videos

*Celebrating 20 years of service to
Fire, Police and EMS - 1987 - 2006*

**188 Central Street, Suite 4
Hudson, MA 01749**

**Toll Free (800) 522-8528 OR
(978) 562-1289**

Fax: (978) 562-3554

Website: www.fire-police-ems.com

ED LYONS FIRE EQUIPMENT INC.

SERVING NEW ENGLAND FIRE DEPARTMENTS SINCE 1962

1643 Central Street • Stoughton, MA 02072

Phone: 781-341-1220 • Fax: 781-341-1270

www.edlyonsfire.com

e-mail: edlyonsfireequip@aol.com

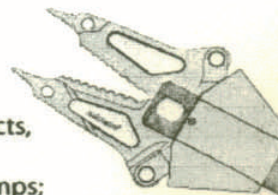
Factory Certified Sales Service & Training for:



ED LYONS
President



holmatro
rescue equipment



A full line* of NFPA Compliant and UL Listed products,
including: Cutters; Spreaders; Rams; Combi Tools;
Personal Power Units; Two, Three and Four Tool Pumps;
Hose Reels; Lifting Bags; Cribbing; Powershore; Hydraulic & Mechanical
Jacks; ...and **MUCH MORE!**

NEW FROM HOLMATRO

- The S.C.R.T.® (Self Contained Rescue Tool) Hydraulic Combi Tool,
Powered by the 24V DEWALT Battery System®.
Take hydraulic power... anywhere. anytime.
- The NEW DPU 30 Compact Duo Pump is 45% lighter and smaller than a
standard Duo Pump. Once again, Holmatro® has pushed hydraulic rescue
tool technology forward, allowing you to do more with less.

Call to schedule a demonstration!

* for a list of products that are NFPA compliant and/or UL Listed, visit www.holmatro-usa.com. Holmatro is a registered trademark of Holmatro, Inc. DEWALT Battery System is a registered trademark of Black & Decker Corporation.

APRIL MEETING:

The 515th MIFDI meeting will be held **Wednesday, April 23, 2008** at the campus of the "On Site Academy" at Windy Hill Farm, 219 Bragg Hill Road, Westminster, MA.

The presentation will be provided by the staff of the On Site Academy courtesy of Dr. Hayden Duggan. Their motto "Serving Those Who Serve", focuses on Critical Incident Stress Debriefing and where to turn to for help when your members face an unthinkable tragedy. It is important to know about the statewide network of professionals and who to call when your members need assistance. This is something that must be available for your department within 24 hours when a tragic event occurs. This presentation is essential for every public safety employee.

The On-Site Academy is a non-profit residential treatment and training center for critical incident stress management. They serve emergency service workers who are in distress. Their program is for all law enforcement, fire service, EMS, or other human service personnel who are themselves temporarily overwhelmed by the stress of their jobs, what they have seen, and what they have been through. It is one of only two residential treatment facilities of this kind in the world.

DIRECTIONS:

Take Rt.2 to Exit 27 (Narrows Rd/Depot Rd). Turn right at the end of the ramp onto Depot Rd. Travel 1-mile to Rt.2A (State Rd). Turn right on Rt.2A, continue approx 1/2 mile to South Ashburnham Rd on left (just beyond the stone railroad overpass and TRW entrance). Travel 2.5 miles to Bragg Hill Rd on right at intersection of Oakmont Rd. CAUTION, Difficult intersection. Windy Hill is 3.2 miles up on the right at the sharp left curve.

SCHEDULE:

0900 Coffee, **1000** Presentation, **1115** Facility Tour,
1145 Business Meeting, **1200** Lunch (On Site)

TREASURER'S REPORT

Beginning Balances for 1/1/2008
 Eastern Cking. 57.39
 ING Savings 618.57
 12 Mo. CD 1,027.37
 Total \$1,703.33

Bills Paid February (Checking):

April 08 Newsletter \$120.00 Michael - 03/31
 Pastry/Coffee-Feb Meeting \$47.00 Brian - 03/26
 TOTAL: \$167.00

50/50 Raffle = \$101.00

Account Transfers:

Winner = \$50.00 - Capt. Jim Walsh, Easton Fire None
 Deposit from 50/50 Raffle = 4.00 (Paid \$47.00 cash out for March Coffee/Pastry meeting)

Total active members = 119

Dues paid thru 2009 = 7
 Dues paid thru 2008 = 90
 Dues paid thru 2007 = 22

Mailings

E-Mail - 47 Home - 57
Work - 15
 119

Balances as of 04/07/2008

Bank Statement Checking: \$ 512.98
 Less uncleared checks: (\$ 120.00)
 Eastern Checking Balance: \$ 392.98
 ING Savings Balance: \$ 1,395.63
 Economy Co-Op 12.mo CD \$ 1,039.75
 Total \$ 2,828.36

Membership Totals: 119

80 Active - 33 Retired - 6 Associate

We welcome this New Member:

- Ken Temple - Winchester - Lieutenant

Treasurer Notes:

- (a) Please remember to look at your mailing label for the PAID THROUGH date. Thank you to all of you who have paid your dues. **Your 2008 dues are due in January.**
- (b) If anyone needs an invoice for their city or town to pay their membership dues, or if you have any other questions about your membership, please feel free to contact me directly.
- (c) If you receive your bulletin via the U.S. Postal Service and it is damaged, please let me know. Recently, a few members, have received their MIFDI Bulletin severely damaged by the Postal Service.

Respectfully submitted 04/07/2008

Michael McLeicer

Treasurer

978-864-2015 (Direct Line) or

978-346-4731, ext. 1

Thank you for your continued support and for your prompt payment of your dues!

"PROUDLY SERVING THE RESCUE PROFESSIONAL SINCE 1994".
 CALL FOR YOUR DISCOUNT PRICING (800) 423-0686



STEARNS COLD WATER GEAR
 I-595 ICE RESCUE SUITS-\$339.00

CMC RESCUE DEALER
 TECHNICAL RESCUE EQUIPMENT

RESCUE ALIVE PLATFORM
 ICE/WATER RESCUE EQUIPMENT

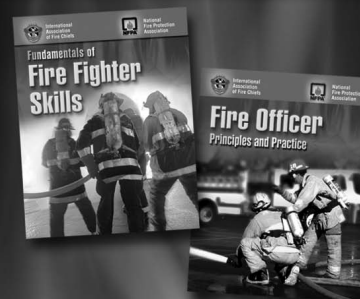
RIT SEARCH KITS & ESCAPE POUCHES

RESCUE ONE DIVE BOATS
 CALL FOR FREE VIDEO

7 DAYS A WEEK-8:00 AM TO 8:00 PM

MASS. VENDOR # FIR - 02 0700

Transforming Fire Service Education!



Request Your Complimentary
 Review Copy Today!



Call: 1-800-526-1536 or
 Visit: <http://Fire.jpupub.com>

JONES AND BARTLETT
 PUBLISHERS

RENEWAL of DUES or NEW MEMBERSHIPS
may be addressed to:

MIFDI - Attn: Michael McLeieer, Treasurer
PO Box 507

Merrimac, MA 01860-0510

Phone: (978) 864-2015 or (978) 346-4731, ext. 1

***Dues are \$25.00 per year for Active members**
\$12.50 for Retired members

***\$100.00 per year for Associate members**

(which includes a 1/4 page of advertising in the MIFDI Bulletin and on the MIFDI website).

Membership dues are for one calendar year (January 1 through December 31).
Dues are DUE by January 1st .

AMERICAN FIRE EQUIPMENT CO., INC.

FIRE HOSE AND SUPPLIES
FIRE EXTINGUISHERS
FIRE DEPARTMENT SUPPLIES
GAS DETECTION INSTRUMENTS



SCOTT AIR-PAKS SALES & SERVICE
BREATHING AIR COMPRESSORS
GAS POWERED EQUIPMENT
LARGE DIAMETER APPLIANCES

58 NORFOLK AVENUE • UNIT 5 • SOUTH EASTON, MA 02375

Telephone: (508) 238-3800

Toll Free: (800) 426-3473

Fax: (508) 238-0300



Visit us at our new location!



mobile service unit



Tempest • Partner • Hale Pumps • Phoenix Rescue Tools
Fire Hooks • Akron • GFE • Duo Safety • Alco-Lite
Vetter Air Bags and Hazmat • Team Equipment
Koehler Responder • Streamlite • Pelican • Havis Shield
Blackinton Badges • Horace Small • QUEST & Chieftan

JUST SOME OF THE COMPANIES WE KEEP !



Municipal and Industrial Fire Hose Made in the USA

RECALL OF MEETING #514

The 514th meeting of MIFDI was held **Wednesday, March 26, 2008** and was hosted by the Hudson Fire Department, 296 Cox St. courtesy of Chief John M. Blood. Our meeting was held in the first floor training room of Hudson's impressive new fire headquarters. We last met in Hudson in May 2005 shortly after the new station opened.

The training session was provided by MIFDI member Paul Antonellis on how to handle a Line of Duty Death. Paul is an Assistant Professor with Anna Maria College, and a retired Fire Chief with 20 years in the fire and EMS field.

Paul outlined the Principle Steps which should be followed in a Line of Duty Death, the impact a LODD has on the family and community as well as the Follow-Up & After Care Steps.

This was a very informative meeting and Paul has graciously allowed us to post his presentation on the MIFDI website so those who were not able to attend, may see and download the PowerPoint presentation from www.mifdi.org as well as the follow-up articles which are worth reading.

Due to the excused absence of President Roche, who was away on department business conducting the final review of Newton's new pumper in Appleton Wisconsin, Vice President Brian Belliveau conducted a brief business meeting following the training presentations. Treasurer McLeieer read the Treasurer's report and outlined the assets for the organization remain strong. Member John O'Donoghue spoke on some important elevator code updates including changes to accept the larger 83" EMS stretcher inside elevators. Member Steve Persson provided a report on the Mass Fire Training Council meeting.

Members adjourned for lunch at nearby Piccadilly Pub Restaurant located on Route 85.



Influenza Season

The good news is that the "Influenza Season" is just about over. The bad news is that it has taken the lives of 4 children in Massachusetts. It is not uncommon for the flu to cause death among the elderly population or people with weakened immune systems, but for the flu to take the lives of otherwise healthy young children is troubling and unacceptable.

This past flu season has struck with great ferocity and has attributed to a large number of area hospitals to go on diversion, some for hours as a time. A finding reported that the vaccinations provided for this year's flu season were not adequate to fight off the virus and will hopefully be corrected for next year's flu season.

It is estimated that no more than two children die from flu in Massachusetts in a typical year. The flu threat presented to children has been underscored and it is now recommended that all children be vaccinated, except those younger than 6-months of age.

Parents must be aware of when to seek medical treatment for children without being over protective. Children with severe asthma, recurring heart condition, or other chronic illnesses should seek medical treatment if the develop flu symptoms. For an otherwise healthy child, the following guidelines are recommended: If a child has a fever but is still eating, drinking and out of bed, it is most likely safe to wait a few days before seeking medical treatment. If a child's fever ranges above 102 and is accompanied by lethargy, loss of appetite, cough, and chest pain, it is recommended that the child seek medical treatment sooner than later.

(Presidents Note: This is another reminder as First Responders we must always protect ourselves from exposures by practicing strict universal precautions. Gloves are a must on all EMS runs and don't forget to remove the gloves before getting back in the rig or behind the wheel of the ambulance. Encourage everyone to cough/sneeze into the bend of their arm as opposed to their hand. The use of an O2 NRB mask or N95 mask may be placed on the patient during transport. Clean the rig and equipment with bleach or alcohol based products after each call. And finally, you can never wash your hand enough, but don't wash up in the firehouse kitchen after runs!)

LAST ALARM:

The Massachusetts Institute of Fire Department Instructors offer our condolences to the family and friends of **Lt. Robert T. Kilduff**, ACTIVE member of the Boston Fire Department, Ladder Co. 23. Lt. Kilduff died of occupational cancer on March 13, 2008. He was very active with both Local 718 and the PFFM. *May he rest in peace.*

The Massachusetts Institute of Fire Department Instructors offer our condolences to the family and friends of **Lt. Donald Quinlan**, ACTIVE member of the Worcester Fire Department, Rescue Co. 1. Lt. Quinlan died on March 22, 2008 at age 52. *May he rest in peace.*



Northeast Rescue Systems, a name you can trust for top-line products, personal service and customer support. We carry high quality, trusted names in equipment and gear. You can find product lines such as:

- ☐ Morning Pride
- ☐ Warrington PRO
- ☐ Ranger Boots
- ☐ Globe Manufacturing
- ☐ Paul Conway Shields
- ☐ Sterling Rope
- ☐ CMC Rescue Equipment
- ☐ Mustang Survival
- ☐ Stearns
- ☐ 5.11 Tactical Wear
- ☐ Drager Safety
- ☐ Genesis Rescue System
- ☐ Koehler-Bright Star
- ☐ SOG Knives

Northeast Rescue Systems
 313 Belgrade Ave
 Boston, MA 02131
 Office: 617-325-3993 Fax: 617-325-0238
 email: info@northeastrescue.com



MORNING PRIDE
PROTECTIVE CLOTHING SYSTEMS



Dräger safety



CMC
RESCUE EQUIPMENT



GENESIS
RESCUE SYSTEMS



5.11
TACTICAL SERIES



GLOBE *Globe Manufacturing Company, LLC*

CONGRATULATIONS:

The officers and members of the Massachusetts Institute of Fire Department Instructors offer our congratulations and support to member **Acting Chief Jonathan Brickett** who has been confirmed as Chief of Department in Amesbury. Chief Brickett was appointed to the department in 1984. He has been Deputy Chief since 2003 and Acting Chief for the past four months. We wish Chief Brickett great success in his new position.

GOOD & WELFARE:

UPCOMING EVENTS:

April 7-12, 2008: FDIC 2008
Indianapolis, IN

Contact: fdic.com

April 26, 2008: Statewide Firefighter Exam: Municipal Service
APPLICATION DEADLINE IS MARCH 18, 2008

April 23, 2008: **MIFDI** - Westminster

May 4-10, 2008: Arson Awareness Week
This years campaign; *"Help Eliminate Novelty Lighters"*

May 10, 2008: Strand Theatre Firefighters Memorial Dedication
Brockton, MA

May 28, 2008: **MIFDI** - Merrimac - Annual F.D.I.C. Recap.

June 2-5, 2008: NFPA World Safety Conference & Expo
Las Vegas, NV

Contact: nfpa.org

June 8, 2008: FIREFIGHTERS MEMORIAL SUNDAY

June 14, 2008: MAFAA Parade, Muster, & Firematic Flea Market
Edgewater Office Park, Wakefield

June 18, 2008: **MIFDI** - Framingham

June 20, 21, 22, 2008: New England FIRE/RESCUE/EMS 2008
West Springfield, MA

Contact: newenglandfirechiefs.org

FROM THE DESK OF THE PRESIDENT:

Captain Mark W. Roche, Newton Fire Department

The March meeting was well received by the many members who attended. I thank Paul Antonellis for his presentation on "Line-of duty deaths". I also thank Chief John Blood and the members of the Hudson Fire Department for again hosting MIFDI in their modern new facility. This was the first meeting that I have missed as MIFDI President due to an important trip to Appleton, WI to provide input with the purchase of a new pumper for my department. I thank V.P. Brian Belliveau and Treasurer/Webmaster Michael McLeieer for "steering the ship" during my absence.

Our April meeting is one that I am looking forward to as we will be the guests of the "On Site Academy" to discuss the important topic of critical incident stress for public safety employees. When the "you-know-what hits the fan", it is not the time to be looking for who to call. I thank member Deputy Chief Mike Curren for his help with arranging this meeting for MIFDI.

I hope to see you all in Westminster on the 23rd. Until then, stay safe!

Mark

INSTRUCTORS CORNER

"Don't Be Me"

By Lieutenant Robert Kilduff, Boston Fire Department

My name is Bob Kilduff. I have been a firefighter for 34 years. Were it not for some help above, marvelous medical people, and dumb luck, I would well be on my way to an early death due to occupational cancer. I am telling my story in the hope that another brother or sister firefighter will not have to share my experience.

Like many of you reading this, I only went to the doctor when it hurt. You know the drill; burns, cuts, smoke inhalation and the many orthopedic injuries that come part and parcel with our job. For reasons unknown, the thoughts of retirement age prompted me in May of 2003 to get my first physical exam in 30 years. I felt the best I had in years and the test results bore this out, all was well. The doc however advised that I have a colonoscopy due to my age. Not really thrilled, I acquiesced. The procedure was a piece of cake, however, the test revealed a large tumor in my colon which needed to be addressed. Twenty days later a section of my colon was removed. I had to undergo a 6-month chemotherapy program which could have been avoided with early detection. It now appears that my cancer is in remission and the doctors predict these procedures will help save my life.

The issue here is why go to the doctor and learn you're very sick when you can go to the doctor and keep from getting very sick? I have learned the hard way that you must act prudently if you want to see your grandkids grow, have a chance to retire, golf, fish, hunt, go to the track, or whatever. If you don't have regular medical check-ups, your odds of enjoying a longer than normal life are greatly diminished. Early detection of cancer is paramount in successful treatment. This will allow you to do what you want to do and not what your doctor will allow you to do.

In 1990, a cancer presumption law was passed by the Legislature in Massachusetts. The reason it was signed into law was that it has been shown that firefighters have a serious problem with cancer. Numerous studies have pointed to the fact that there are over a dozen cancers that attack firefighters more often than the general population. Our exposure to the products of combustion and the resultant carcinogens are the reason and we must be more proactive in protecting ourselves through cancer screening. Boston Fire Department Medical Examiner Mike Hamrock deals with cancer and firefighters daily. From his observations, firefighter cancer screening should take place if there is a family history of cancer. For example, colon screening normally scheduled for a 50-year-old should take place at age 40 due to our higher incidence of the disease. Firefighter deaths due to occupational diseases are far more common than the number of line-of-duty deaths caused by other means and we must take them seriously.

I ask that you take a few minutes to examine your efforts to help yourself stay healthy. Think for a moment about my experience over the last 10-months and if necessary, take the action necessary to help you avoid my fate. Remember, DON'T BE ME. God Bless and stay safe.

(Lt. Kilduff died on March 13, 2008. May he rest in peace)