

# The MIFDI BULLETIN

Massachusetts Institute  
OF



**FIRE DEPARTMENT  
INSTRUCTORS**

December  
2019

MIFDI  
PO BOX 507  
MERRIMAC, MA 01860-0510

60th Year  
(1959-2019)

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The Massachusetts Institute of Fire Department Instructors is a non-profit organization and was established on September 30, 1959. MIFDI's mission is "to promote fire department training and education by the mutual sharing of knowledge".

**THE MIFDI OFFICERS - 2019**

President: Captain Mark W. Roche, Newton Fire Department  
 Vice President: Deputy Chief Christopher Kelley, Concord Fire Department (Retired)  
 Secretary: Captain Edward (Ted) D. Quinn, Jr., Peabody Fire Department  
 Treasurer: Lieutenant / Instructor Michael McLeieer, Olivet Fire Department

**THE MIFDI BOARD of DIRECTORS**

**Terms Expire 2020**

Chief Thomas Conway, III, Billerica Fire Department (Retired)  
 Assistant Chief Robert MacKendrick, Lynnfield Fire Department (Retired)  
 Chief Richard Gomes, Norton Fire Department (Retired)

**Terms Expire 2019**

Lieutenant / Instructor Michael McLeieer, Olivet Fire Department (Past President)  
 Chief James M. Vuona, Shrewsbury Fire Department

**EDITOR**

Firefighter / Instructor Scott D. Maker, Olivet Fire Department

**VISIT US ON THE WEB!**  
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**E-MAIL- mifditreasurer@escapeinc.org**

**Massachusetts Institute of Fire Department Instructors - Tax ID: 04-2307216**  
**2020 Membership Application & Invoice**  
**Jan. 1 to Dec. 31, 2020**

**Your MIFDI Dues  
are due Jan. 1st**



**or Join MIFDI for  
the first time.**

**Membership Information**

**Name** \_\_\_\_\_  
**Address** \_\_\_\_\_  
**City & State** \_\_\_\_\_  
**Zip Code** \_\_\_\_\_  
**Phone (Home)** \_\_\_\_\_  
**E-mail Address** \_\_\_\_\_  
**Fax (Home)** \_\_\_\_\_

**Work Information**

**Department** \_\_\_\_\_  
**Rank** \_\_\_\_\_  
**Phone (work)** \_\_\_\_\_  
**Fax (work)** \_\_\_\_\_  
**Address (work)** \_\_\_\_\_  
**City & State (work)** \_\_\_\_\_  
**Zip Code** \_\_\_\_\_

<b><u>Membership Type:</u></b>	<b><u>Send Bulletin To:</u></b>	<b><u>Membership Dues:</u></b>
<b><u>circle one</u></b>	<b><u>circle one</u></b>	<b><u>Active</u></b> \$ 35.00
<b><u>Active</u></b>	<b><u>Home</u></b>	<b><u>Retired</u></b> \$ 15.00
<b><u>Retired</u></b>	<b><u>Work</u></b>	<b><u>Associate</u></b> \$100.00
<b><u>Associate</u></b>	<b><u>E-mail</u></b>	

**There is also a \$10 late fee if dues are paid after April 1st**  
**Please mail completed Application with check or money order payable to:**

**MIFDI**  
**Attn: Michael McLeieer, Treasurer**  
**PO Box 507**  
**Merrimac, MA 01860-0510**  
**Phone: (978) 346-4731**  
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### DECEMBER MEETING

During the month of December, many people take off the week before and/or the week after Christmas making it difficult to secure a presentation and a meeting location. It has therefore been decided that we again hold a "Holiday Social Luncheon" for members to gather together before the holidays. Our Holiday Luncheon during the past few years has been very well received as we break bread and break some chops!

The lunch will take place on **Wednesday, December 18, 2019** at 11:30 am at the CAFÉ ESCADRILLE, 26 Cambridge St, Burlington. We will have a table reserved from 11:30-1:30 and they have a nice variety of lunch menu items reasonably priced.

We hope to see many old faces attend as well as those members planning to retire in 2020 moving to a new chapter in their life. For those planning to attend, shoot me an email at [captroche@aol.com](mailto:captroche@aol.com) or leave me a message at 508-655-2528 to ensure that we have adequate seating for our group.

### DIRECTIONS:

From Rt.128/I-95, take Exit 33A towards Winchester. The restaurant is located a short distance on the left. There is plenty of free parking available.



**TREASURER'S REPORT**

Beginning Balances for 01/02/2019  
 Preferred C.U. Checking \$389.96  
 Preferred C.U. Savings \$ 48.77  
 CapitalOne Sav. Balance \$1,202.30  
 Total: \$2,179.00

50/50 Raffle = \$0.00

Winner = N/A

Net Proceeds from 50/50 Raffle = N/A

Total active members = 101

Dues paid thru 2025 = 1  
 Dues paid thru 2022 = 1  
 Dues paid thru 2021 = 2  
 Dues paid thru 2020 = 13  
 Dues paid thru 2019 = 59  
 Dues paid thru 2018 = 19  
 Dues paid thru 2017 = 6

Balances as of 12/01/2019

Preferred C.U. Checking: \$ 126.28  
 Less uncleared checks: \$ ( 0.00)  
 PCU Cking. Balance: \$ 126.28  
 PCU Savings Balance: \$ 778.89  
 CapitalOne Sav. Balance: \$ 1,206.73  
 Total \$ 2,111.90

**Bills Paid November, 2019:**

Dec. '19 Bulletin - Michael (Savings) \$120.00 - 11/30  
 Dunkin - Coffee - MIFDI Roche \$ 31.98 - 11/21  
 Mkt Basket - Food - Roche MIFDI \$ 15.56 - 11/20  
 TOTAL: \$167.54

**Account Transfers:**

None

**Mailings**

E-Mail - 62 Home - 26  
 Work - 13  
 Total: 101

**Membership Totals: 101**

60 Active - 37 Retired - 4 Associate

We have one new member who joined MIFDI.

- James McNeilly - Lieutenant - Belmont

Treasurer Notes:

- (a) Please remember to look at your mailing label for the PAID THROUGH date. Thank you to all of you who have paid your dues. **Your 2019 dues were due in January, 2019. Please add \$10.00 for late renewals paid after April 1, 2019 for your 2019 dues.**
- (b) You may now use the 2020 membership application as your invoice. It has MIFDI's tax ID number listed, for your accounts payable department to process the dues payment. Simply use the dues year or payment date as your invoice number.
- (c) Your 2020 dues are due in January, 2020.

Respectfully submitted

12/01/2019

by Michael McLeieer, Treasurer

978-346-4731

Email: mifditreasurer@escapeinc.org

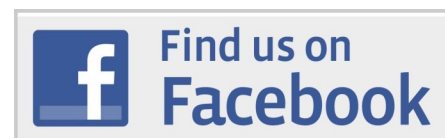
Thank you for your continued support and for the prompt payment of your dues!

**MIFDI will also accept credit card payments. Contact Michael McLeieer for details.**

**Active Member dues is \$35 / Retired Member dues is \$15 / Associate Member dues is \$100**

**Please remember to still add a \$10 late fee for renewal dues paid after April 1st, 2019. This fee does not apply to new members or for those who renewed before April 1, 2019.**

MIFDI is now on Facebook. Login to your Facebook account and search for **Massachusetts Institute of Fire Department Instructors** or visit [www.facebook.com/mifdi](http://www.facebook.com/mifdi). Become a Facebook friend to MIFDI and receive up to date announcements right to your PDA, Blackberry or computer. You may also select the MIFDI Facebook link on the MIFDI website home page at [www.mifdi.org](http://www.mifdi.org)



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RENEWAL of DUES or NEW MEMBERSHIPS may be addressed to:  
MIFDI - Attn: Michael McLeieer, Treasurer  
PO Box 507, Merrimac, MA 01860-0510  
Phone: (978) 346-4731

PLEASE NOTE NEW Email: mifditreasurer@escapeinc.org

\*Dues are \$35.00 per year for Active members \*(\$45 after April 1st)  
\$15.00 for Retired members \*(\$25 after April 1st)  
\*100.00 per year for Associate members

(which includes a 1/4 page of advertising in the MIFDI Bulletin and on the MIFDI website).

\* Membership dues are for one calendar year (January 1 through December 31).  
Dues are due by January 1st. Add a \$10.00 Late Fee after April 1, 2019.



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## RECALL OF MEETING #2019-11

The November meeting of MIFDI was held on Wednesday, November 20, 2019 hosted by the Norwood Fire Department courtesy of Chief George Morrice. The meeting was held in the training room of the Norwood Public Safety Building.

The training was provided by Mark Boisvert, Regional Sales Manager of United Shield and Jean Cole from Central Equipment. The presentation provided members with information on Ballistic PPE for fire departments and EMS providers when dispatched to an Active Shooter/Hostile Event. Mark and Jean answered many questions regarding the proper ballistic equipment that fire departments should equip their members with to provide them with safe protection.



Norwood Fire Lieutenant Cody offered greetings to MIFDI on behalf of Chief Morrice.

President Roche opened the meeting with a moment of silence for Worcester Fire Lt. Jason Menard. Member John O'Donoghue was congratulated for his recent recognition as Honorary Chief of the FDNY. Member Andy Connerty provided an update from the Mass Fire Training Council and also spoke briefly on a recent incident in Burlington where a restaurant manager died from inhalation injuries received after an employee apparently mixed cleaning products resulting in producing a toxic byproduct. His comments were reserved due to the ongoing investigation and we expect to find out the final outcome at the completion of the investigation. President Roche made mention of the Annual Firefighter of the Year Awards to held in Worcester and also spoke about a historic promotion ceremony where the first female in the Boston Fire Department has achieved the rank of District Fire Chief.

Members adjourned for lunch at Chateau Restaurant in Norwood.



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## EMS Run

### ***Diabetic Emergencies***

Diabetes occurs when the body is unable to control the amount of glucose (sugar) in the blood. The CDC estimates that over 30-million people in the US have diabetes and that 25% do not know that they have it.

There are three types of diabetes;

**TYPE 1:** (Also known as juvenile diabetes) is when the body fails to produce insulin. Those with Type I diabetes are insulin dependent and must take insulin every day.

**TYPE 2:** This is the most common type of diabetes as it affects the way the body uses insulin. This type is often associated with obesity.

**GESTATIONAL DIABETES:** This type can occur during pregnancy and will usually end after delivery.

The two diabetic emergencies that EMS will respond to are;

**HYPOGLYCEMIA:** Sugar is too low (This is the most common). Symptoms include; sweating, chills, pale, shaky, anxious, rapid heart rate, dizzy, lightheaded, nausea weak, tired, headache, tingling. Treatment can be administering glucose, candy, fruit drinks, or peanut butter. NEVER administer these items if the patient is not fully conscious. They will need glucose administered by I.V.

**HYPERGLYCEMIA:** Too much sugar. Symptoms include fruity smell of breath, rapid breathing, nausea, vomiting, dry mouth.

The best way for diagnosis is by using the Glucometer which measures the amount of glucose in the blood. **LOW is 1-69. NORMAL is 70-110. HIGH is 160-200.**



**NOTE:** If the patient refuses transport after a diabetic emergency, follow-up with your medical control and be sure that a responsible person stays with them.

## LAST ALARM:

The Massachusetts Institute of Fire Department Instructors offer our condolences to the family and friends of **Lt. Jason Menard** of the Worcester Fire Department, Ladder Co. 5. Lt. Menard died in the line-of-duty on November 13, 2019 at age 39. He and his crew were doing a search on the top floor of a burning 3-decker when conditions rapidly deteriorated. Lt. Menard became trapped after he managed to assist getting his crew out safely.



***MAY HE REST IN PEACE***

## CONGRATULATIONS

The officers and members of the Massachusetts Institute of Fire Department Instructors offer our congratulations to MIFDI member **Assistant Chief John O'Donoghue** of the Cambridge Fire Department (Retired) upon recently being honored by the FDNY with the status of "*Honorary Chief of the Fire Department of New York*". The recognition was due to his years of contribution with elevator training and input on elevator rescue and elevator FEO.

This was truly a well deserved recognition, congratulations John!



## UPCOMING EVENTS:

January 12-16, 2020: Fire Dept. Safety Officers Conference  
Scottsdale, AZ [www.fdsoa.org](http://www.fdsoa.org)

January 26, 2020: PFFM Firefighter B-FIT Challenge  
TD Garden, Boston [www.pffm.org](http://www.pffm.org)

January 22, 2020: MIFDI

February 26, 2020: MIFDI



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have.

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## **REPORT of the PRESIDENT:**

**Captain Mark W. Roche, Newton Fire Department**

Our November meeting was hosted by the Norwood Fire Department at their Public Safety Building. I thank Chief George Morrice and the members of the Norwood Fire Department for again hosting MIFDI at their facility. Special thanks to Mark Boisvert of United Shield for his informative presentation on Ballistic PPE and to Jean Cole of Central Equipment for her help arranging this program for MIFDI.

I reluctantly remind everyone that we are again in the winter season. With that, we have the chance of meeting cancellations due to storms and inclement weather. Be sure to check the MIFDI website or Facebook page for postings on cancellations.

Stay safe, I hope to see you in Burlington. For those unable to attend, I wish you a Merry Christmas and joyous holiday season.



*"Are you talk'n to me?"*

*"To Promote Fire Department Training & Education by the Mutual Sharing of Knowledge"*

## **INSTRUCTORS CORNER:**

### ***Winter Driving Safety***



Avoid taking chances on a private driveway when you are unsure of the conditions.

It is better to run extra lengths of line from the street rather than risk placing your apparatus in a dangerous position.

Your ladder truck should be the **ONLY** apparatus located in a driveway for the safety of the members operating on the roof. All other units should remain on the street.



Now that your Shift Commander is in an SUV, they should **NOT** feel invincible during snow and ice conditions. You still need to slow down in bad weather!