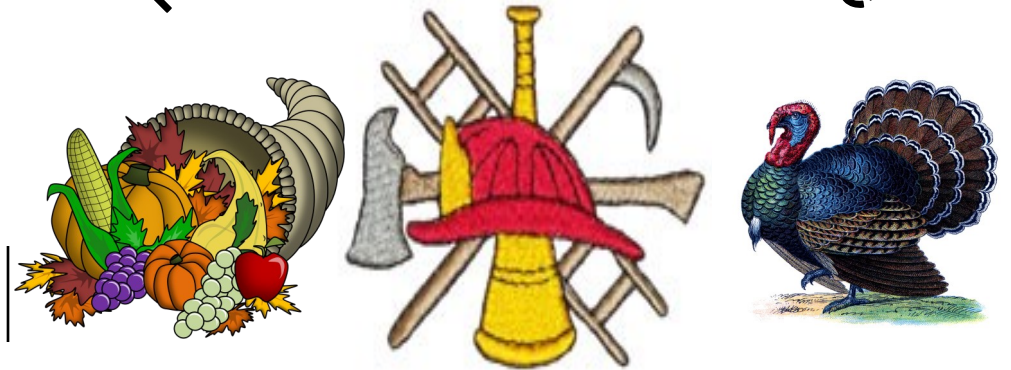


The MIFDI BULLETIN

MIFDI
PO BOX 507
MERRIMAC, MA 01860-0510

60th Year
(1959-2019)

Massachusetts Institute
OF



**FIRE DEPARTMENT
INSTRUCTORS**

November
2019

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The Massachusetts Institute of Fire Department Instructors is a non-profit organization and was established on September 30, 1959. MIFDI's mission is "to promote fire department training and education by the mutual sharing of knowledge".

THE MIFDI OFFICERS - 2019

President: Captain Mark W. Roche, Newton Fire Department
 Vice President: Deputy Chief Christopher Kelley, Concord Fire Department (Retired)
 Secretary: Captain Edward (Ted) D. Quinn, Jr., Peabody Fire Department
 Treasurer: Lieutenant / Instructor Michael McLeieer, Olivet Fire Department

THE MIFDI BOARD of DIRECTORS

Terms Expire 2020

Chief Thomas Conway, III, Billerica Fire Department (Retired)
 Assistant Chief Robert MacKendrick, Lynnfield Fire Department (Retired)
 Chief Richard Gomes, Norton Fire Department (Retired)

Terms Expire 2019

Lieutenant / Instructor Michael McLeieer, Olivet Fire Department (Past President)
 Chief James M. Vuona, Shrewsbury Fire Department

EDITOR

Firefighter / Instructor Scott D. Maker, Olivet Fire Department

VISIT US ON THE WEB!
www.mifdi.org
E-MAIL- mifditreasurer@escapeinc.org

Massachusetts Institute of Fire Department Instructors - Tax ID: 04-2307216
2020 Membership Application & Invoice
Jan. 1 to Dec. 31, 2020

**Your MIFDI Dues
are due Jan. 1st**



**or Join MIFDI for
the first time.**

Membership Information

Name _____
Address _____
City & State _____
Zip Code _____
Phone (Home) _____
E-mail Address _____
Fax (Home) _____

Work Information

Department _____
Rank _____
Phone (work) _____
Fax (work) _____
Address (work) _____
City & State (work) _____
Zip Code _____

<u>Membership Type:</u>	<u>Send Bulletin To:</u>	<u>Membership Dues:</u>
<u>circle one</u>	<u>circle one</u>	<u>Active</u> \$ 35.00
<u>Active</u>	<u>Home</u>	<u>Retired</u> \$ 15.00
<u>Retired</u>	<u>Work</u>	<u>Associate</u> \$100.00
<u>Associate</u>	<u>E-mail</u>	

There is also a \$10 late fee if dues are paid after April 1st
Please mail completed Application with check or money order payable to:

MIFDI
Attn: Michael McLeieer, Treasurer
PO Box 507
Merrimac, MA 01860-0510
Phone: (978) 346-4731
E-mail: mifditreasurer@escapeinc.org



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NOVEMBER MEETING

The next meeting of MIFDI will be held on **Wednesday, November 20, 2019** hosted by the Norwood Fire Department courtesy of Chief George Morrice (**NOTE: This is the THIRD Wednesday**). We will meet in the first floor training room of Norwood's Public Safety Building, 135 Nahatan St between Rt. 1 and Rt. 1A. We last met in Norwood for our March 2016 meeting.

The training will be provided by Central Equipment Co. with a follow-up to the program that was presented to MIFDI at our April 2018 meeting on "Active Shooter PPE". We also expect to have an overview of ASHE Training for First Responders. As we begin a new school year, we must remain trained, equipped and prepared for active shooter events in our communities.

SCHEDULE:

0930 Coffee, **1000** Presentation, **1130** Business Meeting, **1200** Lunch (off site)

DIRECTIONS:

From Rt.128 take Exit 15B (Rt.1 South). Follow Rt.1 and look for the sign "Norwood Center". Turn right on Nahatan St. towards Norwood Center and the station will be on the right.

From I95 take Exit 11B (Neponset St). Follow Neponset St. to rotary and 12-o'clock onto Neponset St. The station will be on the right.

NOTE: Members are asked to park in the shopping center across the street due to limited parking at the Public Safety Building.



TREASURER'S REPORT

Beginning Balances for 01/02/2019
 Preferred C.U. Checking \$389.96
 Preferred C.U. Savings \$ 48.77
 CapitalOne Sav. Balance \$1,202.30
 Total: \$2,179.00

Bills Paid October, 2019:

November 2019 Bulletin - Michael \$120.00 - 10/25
 Market Basket - Food - MIFDI Roche \$ 7.08 - 10/22
 Starbucks Coffee - Roche MIFDI \$ 38.41 - 10/23
 Namesecure - mifdi.org renewal 3 yrs. \$ 45.39 - 10/04
 TOTAL: \$210.88

50/50 Raffle = \$35.00

Winner = Ed Williamson (retired) - Norwood - \$18.00
 Net Proceeds from 50/50 Raffle = \$17.00

Account Transfers:

PCU Cking to Savings - \$350.00

Total active members = 100

Dues paid thru 2025 = 1
 Dues paid thru 2022 = 1
 Dues paid thru 2021 = 2
 Dues paid thru 2020 = 12
 Dues paid thru 2019 = 59
 Dues paid thru 2018 = 19
 Dues paid thru 2017 = 6

Mailings

E-Mail - 62 Home - 26
 Work - 12
 Total: 100

Balances as of 11/12/2019

Preferred C.U. Checking: \$ 173.82
 Less uncleared checks: \$ (0.00)
 PCU Cking. Balance: \$ 173.82
 PCU Savings Balance: \$ 893.89
 CapitalOne Sav. Balance: \$ 1,206.33
 Total \$ 2,274.04

Membership Totals: 100

59 Active - 37 Retired - 4 Associate

We don't have any new members to report who have joined MIFDI.

•

Treasurer Notes:

- (a) Please remember to look at your mailing label for the PAID THROUGH date. Thank you to all of you who have paid your dues. **Your 2019 dues were due in January, 2019.**
Please add \$10.00 for late renewals paid after April 1, 2019 for your 2019 dues.
- (b) You may now use the 2020 membership application as your invoice. It has MIFDI's tax ID number listed, for your accounts payable department to process the dues payment. Simply use the dues year or payment date as your invoice number.
- (c) Your 2020 dues are due in January, 2020.

Respectfully submitted

11/12/2019

by Michael McLeieer, Treasurer

978-346-4731

Email: mifditreasurer@escapeinc.org

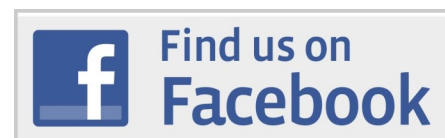
Thank you for your continued support and for the prompt payment of your dues!

MIFDI will also accept credit card payments. Contact Michael McLeieer for details.

Active Member dues is \$35 / Retired Member dues is \$15 / Associate Member dues is \$100

Please remember to still add a \$10 late fee for renewal dues paid after April 1st, 2019. This fee does not apply to new members or for those who renewed before April 1, 2019.

MIFDI is now on Facebook. Login to your Facebook account and search for **Massachusetts Institute of Fire Department Instructors** or visit **www.facebook.com/mifdi**. Become a Facebook friend to MIFDI and receive up to date announcements right to your PDA, Blackberry or computer. You may also select the MIFDI Facebook link on the MIFDI website home page at www.mifdi.org



Like MIFDI on Twitter @MIFDIFIRE



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RENEWAL of DUES or NEW MEMBERSHIPS may be addressed to:
MIFDI - Attn: Michael McLeieer, Treasurer
PO Box 507, Merrimac, MA 01860-0510
Phone: (978) 346-4731

PLEASE NOTE NEW Email: mifditreasurer@escapeinc.org

*Dues are \$35.00 per year for Active members *(\$45 after April 1st)
\$15.00 for Retired members *(\$25 after April 1st)
*100.00 per year for Associate members

(which includes a 1/4 page of advertising in the MIFDI Bulletin and on the MIFDI website).

* Membership dues are for one calendar year (January 1 through December 31).
Dues are due by January 1st. Add a \$10.00 Late Fee after April 1, 2019.

	<p>OHS Training & Consulting, Inc. 9 Faun Bar Ave. Suite #2 Winthrop, MA 02152 www.ohstrainconsult.com</p> <p>Nancy Hughes President P: 617-959-4414 F: 617-663-6677 E: Nancy.ohstc@gmail.com</p>
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RECALL OF MEETING #2019-10

The October meeting of MIFDI was held on Wednesday, October 23, 2019 hosted by the Burlington Fire Department courtesy of Interim Chief Michael Paterson and Captain Andy Connerty. The meeting was held in the training room of Burlington's new Station 2 located at 114 Terrace Hall Ave.

The training was provided by Alicia D'Agostino, Education Program Manager for 15-40 Connection. The program focused on cancer and in particular, firefighter cancer rates where statistics show a much higher rate of certain types of cancer. The main "take home point" is the importance of early detection. This short presentation is probably the most important program that you will attend in your career and is recommend for every firefighter, weather active or retired.



Following the training program, Captain Connerty provided members with a tour of this impressive new firehouse that was designed with training props including a manhole confined space rescue prop and a 3-level stair-tower with standpipe and window rappelling options. Members also got a look at their new Engine 2 that was just delivered.

President Roche opened the meeting by introducing our host, Chief Paterson who offered MIFDI and open invite to use the new training room anytime. He also spoke on current and future happening within the department including upgrading their current EMS service to ALS level. Andy Connerty provided an update from the Mass Fire Training Council. Bob MacKendrick spoke on regulations for the new mobile refueling delivery trucks for vehicles that are now available for people apparently "too busy" to stop at a gas station to fuel their cars. The 50/50 was won by longtime member Ed Williamson. Members adjourned for lunch at Chateau Restaurant in Burlington

EMS Run

Detect cancer early using "3-Steps Detect"

3 STEPS DETECT

EARLY DETECTION
SAVES LIVES

STEP: **01**



Remember What Great Feels Like.

Tune into your energy level, sleep patterns, weight, skin and bathroom habits. Get to know what is normal for you.

STEP: **02**



Use The 2-Week Rule.

If any changes in your health last longer than 2-weeks, it's time to call a doctor.

STEP: **03**



Share With Your Doctor.

You know your body best. Share information about any health changes with your doctor. It may be difficult or embarrassing, but it could be lifesaving.



15-40 connection

15-40.org

LAST ALARM:

The Massachusetts Institute of Fire Department Instructors offer our condolences to the family and friends of the following firefighters that died in October;

Firefighter Cory Combs (ACTIVE) of the New Bedford Fire Department (E-8) died suddenly while off duty on October 8, 2019 at age 33.

Firefighter Jonathan W. O'Driscoll (ACTIVE) of the Quincy Fire Department (L-2) died suddenly on October 9, 2019 at age 34.

Call-Captain Michael A. Bird of the Wareham Fire Department. Mike died on October 8, 2019 at age 78. He was a founding member and the first president of the Massachusetts Call & Volunteer Firefighter Association (MCVFA) and the New England Volunteer Fire & EMS Coalition (NEVFEC). He was instrumental in spearheading improved safety, training and benefits for call and volunteer firefighters throughout New England.

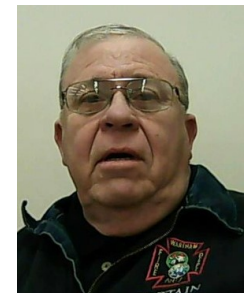
MAY THEY REST IN PEACE



Cory Combs



Jonathan O'Driscoll



Michael Bird

CONGRATULATIONS

Nothing to Report

UPCOMING EVENTS:

November 8, 2019: Women Firefighter's Health & Safety Conference
Florian Hall, Boston www.takenosmoke.org/women


November 16, 2019: Statewide Exam – Lieutenant & Captain
Good Luck!

November 20, 2019: MIFDI – Norwood

November 26, 2019: Massachusetts Firefighter Awards Ceremony
Mechanic's Hall, Worcester

December 18, 2019: MIFDI – Holiday Social

PLEASE JOIN
Governor Charlie Baker, Lt. Governor Karyn Polito,
Undersecretary Jeanne Benincasa Thorpe and
State Fire Marshal Peter J. Ostroskey
for the
30th Annual
Firefighter of the Year
Awards
TUESDAY, NOVEMBER 26, 2019
MECHANICS HALL
321 Main Street • Worcester, MA 01608
10:00 A.M.
HEROIC AWARDS CEREMONY
Hosted by WCVB-TV Anchor Doug Meehan
Honoring the dedication and sacrifice of the brave men and women of the
Massachusetts fire service from the following fire departments:
Andover, Boston, Everett, Fall River, Fitchburg, Lawrence,
North Andover, Revere, Rochester, Rockland, Saugus, Sudbury,
Westborough and Worcester



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*An on-line networking
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Inspectors, Instructors, &
Juvenile Firesetting
Intervention Professionals*

- Fire, Police & Public Safety Personnel
- Juvenile Justice & Court Personnel
- Mental Health Professionals

www.fire-exchange.org

Call Scott Maker,
Firefighter/Merrimac Fire Department, with any questions you may
have.

269-492-3341

REPORT of the PRESIDENT:

Captain Mark W. Roche, Newton Fire Department

Our October meeting was hosted by the Burlington Fire Department at their new Station 2. I thank Interim Chief Mike Paterson and Captain Andy Connerty for inviting MIFDI to meet in their impressive new facility. I am grateful to Alicia D'Agostino of "15-40" for offering a very important training program on cancer prevention for firefighters.

I reluctantly remind everyone that we are again approaching the winter season. With that, we have the chance of meeting cancellations due to storms and inclement weather. Be sure to check the MIFDI website or facebook page for postings on cancellations.

Stay safe, I hope to see you in Norwood.



"To Promote Fire Department Training & Education by the Mutual Sharing of Knowledge"

INSTRUCTORS CORNER:

USFA 2018 Firefighter Fatality Report



According to the Firefighter Fatality Report from 2018 compiled by the United States Fire Administration, the following is a breakdown from the report;

- 82 Firefighters died while on duty
- 33 Firefighters died from heart attacks
- 42 Firefighters died from activities at an emergency incident
- 30 Firefighters died at a fire scene
- 9 Firefighters died during training activities
- 10 Firefighters died while responding/returning from emergency incidents

- 44 Volunteer Firefighters
- 33 Career Firefighters
- 5 Wildland Firefighters